

GOING GREEN AND SAVINGS







What does "going green" mean?

. Environmental Awareness:

It's about becoming more aware of our surroundings and how our actions impact the environment.

Sustainable Practices:

It involves implementing changes to reduce pollution, waste, and carbon emissions.

• Eco-Friendly Choices:

It means prioritizing eco-friendly alternatives and making conscious decisions to minimize our footprint.

Gradual Process:

For most people, "going green" is a gradual process of adopting sustainable practices over time, rather than an overnight transformation.

What does "going green" mean?

It means becoming more environmentally aware and changing your behavior and lifestyle to reduce the amount of pollution and waste you generate. The decision to go green is a gradual process for most people. Any action you take that contributes to sustainable living makes a positive impact on the environment.

What does "going green" mean?

The term "going green" refers to the effort for an individual or business to become more aware of their surroundings, how their actions impact the environment, and working to adjust those actions accordingly.

Why is it important?

Protecting the Planet:

By reducing our environmental impact, we contribute to a healthier planet for future generations.

Business Benefits:

For businesses, going green can lead to cost savings, enhanced reputation, and increased competitiveness.

Net-Zero Goals:

 Many governments and organisations are setting targets to achieve net-zero emissions, and "going green" is a key part of that effort.

At Home:

- Reducing energy consumption by turning off lights and appliances.
- Using reusable bags, containers, and water bottles.
- Composting food scraps and yard waste.
- Consuming less meat and opting for plant-based meals.
- Choosing energy-efficient appliances and light bulbs.

In the Workplace:

- Recycling and reducing waste.
- Using green materials and energy-efficient equipment.
- Encouraging employees to commute sustainably.
- Implementing sustainable office practices.

In Communities:

- Supporting local businesses and farmers.
- Participating in community cleanups and environmental projects.
- Advocating for environmental policies and regulations.

In Businesses:

- Developing a green strategy to reduce environmental impact.
- Using renewable energy sources.
- Implementing waste reduction and recycling programs.
- Prioritizing sustainable supply chains.

A number of high-street retailers offer freebies or discounts on future purchases if you recycle items such as clothing, home textiles, and empty beauty containers in their stores. What's more, certain retailers such as H&M reward you for recycling ANY old clothes or home textiles (for example, old towels, socks or sheets), whatever the brand or condition.

You can get paid to recycle your mobile. There are specialist, super-speedy companies which will take an old phone and give you cash in exchange. For example, we found one that pays £231 for a 64GB iPhone 12. And if your handset's really old and not worth anything, they'll at least dispose of it safely.

- In May 2021, the Government mandated a 10p charge (previously 5p) for single-use carrier bags, so it's a MoneySaving no-brainer to reuse old plastic bags or take your own bags with you to the shops.
- But unlikely as it may sound, Morrisons and Ocado will actually pay you 10p to take used plastic bags off your hands when you shop online. Returned bags are recycled into new ones – plastic waste reduced and money saved in one fell swoop.

If you're having a mass clear-out, don't automatically head for the tip. Not only is finding your cast-offs a second home the environmentally friendly option, you can also make some serious cash from your attic: Try selling sites such as Vinted, Ebay and Facebook marketplace.

Unbelievably, you can even make money selling actual rubbish – old loo roll tubes, jars, corks and more. Visit www.moneysavingexpert.com for more information.

You can save money by taking your own cup to cafés and coffee shops. Stores will accept any brand of cup, so if you have a reusable Starbucks cup, you can still use this to get a discount at Pret a Manger, and so on.

Some examples are; 50p off Pret a Manger, 30p off Starbucks, 25p off Greggs.

The more plastic you can reuse around your home and garden, the less goes to waste. Here are a few ideas:

- •Use smaller plastic bottles as cane toppers on your vegetable garden as well as making the tops safer, they help keep birds away and can be used to support netting.
- •Keep the mesh bags that some fruit and veg come in and reuse them when buying loose fruit and veg.
- •Save up yogurt pots and other small plastic pots to start growing fruit and veg in before moving them to your garden.
- •Tubs containing the likes of margarine and ice cream can be reused as dividers in drawers and cupboards.
- •Jars with plastic lids can be used to put refills of herbs and spices in, or to hold nails, screws, bolts and more.

For more money saving tips visit:

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